

### Swiss Alps Expedition Itinerary

Day	From	To	Details
1	UK - Manchester	Kandersteg	Fly from UK to Genève, and then take transport to Kandersteg (3Hrs). Set up camp.
2	Kandersteg	Kandersteg	Gemmipass Trek. Take the Sunnbuel cable car from the valley to the top station (1934m). Trek across the Spittelmatte Plateau and up to the Daubensee Lake (2229m). Then trek around the lake and up to the Gemmi pass (2346m) with stunning Panoramic views of the Matterhorn Mountain Range. 6/8Hrs. Return to camp.
3	Kandersteg	Kandersteg	Bunderspitz Peak Trek. Trek up an alpine peak. Option 1: Take the Allmenalp cable car up to (1,723m). Option 2: Climb the Famous Via Ferrata Allmenalp. This is a sheer 350m-rock wall. The trek starts from the Allmenalp cable car station. Follow the alpine meadows to the end of the valley and up the zig-zags to the Bunderspitz Summit (2,546m). 6/7Hrs. Return to camp.
4	Kandersteg	Blumlisalpe Hut	This is a 2-day trek, which takes you up above the Alpine Lake of Oeschinensee to the Blumlisalpe Alpine Hut (2,840m). Stunning views of the surrounding Glacial peaks.
5	Blumlisalpe Hut	Kandersteg	This day will involve a glacial experience, to try Ice climbing and winter skills with a Swiss Aline guide. Walk back to the camp in Kandersteg for a well-earned rest.
6	Kandersteg	Inter-Laken	Travel to the beautiful Alpine town of Inter-Laken to try your hand at White water Rafting. White water rafting under the Mighty Eiger on Grade 4 water. The river is called the Lutschine. In the afternoon have a go on the high Ropes course in Inter-laken.
7	Kandersteg	UK - Manchester	Travel back to Genève and fly back to the UK.

**Included:** Flights, travel, accommodation, food, insurance and white-water rafting and high ropes course activities. This includes accommodation in the Mountain hut and glacial experience with a local Alpine guide.

**Not Included:** Travel to and from the UK airport and Via Ferrata kit hire.



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