



Day 1- Activity				
9.30am -10.00 am	Depart School and travel to Gradbach			
10.00am-1100am	Arrive and walk down to Gradbach			
11.00am-12 midday	Welcome, introduction and ice breakers and campcraft			
12 midday-12.30pm	LUNCH			
	Team 1	Team 2	Team3	Team 4
12.30pm-14.00pm	Tasks	Tasks	Buschcraft	Orienteering
14.00pm-15.30pm	Orienteering	Buschcraft	Orienteering	Tasks
15.30pm-17.00pm	Buschcraft	Orienteering	Tasks	Buschcraft
17.30pm-18.30pm	Evening Meal for Teams 1&2		Relax and play games	

18.30pm-19.30pm	Relax and play games	Evening Meal for Teams 3&4
19.30pm-20.30pm	Evening Activities Including Towerball, Volleyball and wide Games	
20.30pm-21.30pm	Hot chocolate and Biscuits	
21.30pm -Morning	Quiet time and bed	

	Day 2-Activity			
7.30am -8.30am	Wake Up and Breakfast			
	Team 1	Team 2	Team 4	Team 5
9.00am-10.30am	Climb	Abseil & Abseil	ADVENTURE TREK From Gradbach to the Roaches	
10.30am-12.00pm	Abseil & Abseil	Weaseling-		
12.00am-13.30pm	Weaseling	Climb-		
1.30pm-15.00pm	ADVENTURE TREK From Roaches to the Gradbach		Climb	Abseil & Abseil
15.00pm-16.30pm			Weaseling	Climb
16.30pm-18.00pm			Abseil & Abseil-	Weaseling
17.30pm-18.30pm	Evening Meal for Teams 1&2		18.00pm Transport back to Gradbach	
18.30pm-19.30pm	Relax and play games		Evening Meal for Teams 3&4	

19.30pm-20.30pm	Evening Activities Including Towerball, Volleyball and wide Games
20.30pm-21.30pm	Hot chocolate and Biscuits
21.30pm -Morning	Quiet time and bed

	Day 3-Activity			
7.30am -8.30am	Wake up and have breakfast			
8.30am-10.15am	De-camp, pack up and get ready for Watersports			
10.15am-10.45pm-	Travel to Tittesworth Watersports centre			
10.45am-11.30pm	Arrive and Kit up		Arrive and Kit up	
	Team 1	Team 2	Team 3	Team 4
11.30am- 12.45pm	MEGA SUP	MEGA SUP	Dragon SUP X2	Kayaking
12.45pm-14.00pm	Canoeing	Kayaking	Kayaking	Mega SUP
14.00pm-14.30pm	Get changed and depart			
14.30pm-15.00pm	Transport back to school			