



	Day 1- Activity	
9.30am -11.30	Depart School and arrive @Gradbach	
11.30-12.00pm	Unload bags and walk down to Gradbach for welcome Brief	
12.00pm-12.30pm	Icebreakers and organise into Teams	
12.30pm-1pm	LUNCH	
	TEAM 1,2 & 3	Team 4,5&6
13.15pm-14.45pm	Orienteering	Tasks
14.45pm- 16.15pm	Tasks	Orienteering
16.15pm-17.30pm	MINI OLYMPICS FOR EVERYONE	
18.00pm-18.45pm	Teams 1, 2 &3 Evening Meal	Free time/ Move into Tents and Dorms
18.45pm-19.30pm	Free time/ Move into Tents and Dorms	Teams 4, 5 &6 Evening Meal
19.30pm -20.30pm	Evening Activities Including Towerball, Volleyball and wide Games	
20.30pm-21.30pm	Hot chocolate and Biscuits	
21.30pm-Morning	Quiet time and bed	

	Day 2-Activity					
7.30am -8.30am	Wake Up and Breakfast and Make Packed lunch (Teams 1, 2 & 3) To have breakfast and make packed lunches First					
8.30am-9.00	Teams 1,2 &3 to transport to the Roaches					
9.00am -9.45am	Walk up to the roaches and Kit Up					
	Team 1	Team 2	Team 3	Team 4	Team 5	Team 6
9.45am-11.00am	Climb	Abseil & Abseil	Weaseling	ADVENTURE TREK (Gwen, Chris and John) From Gradbach to the Roaches		
11.00am-12.15pm	Weaseling	Climb	Abseiling & Boulder			
12.15am-13.30pm	Abseil & Boulder	Weaseling	Climb			
13.30pm-15.00pm	ADVENTURE TREK From Gradbach to the Roaches			Climb	Abseil & Boulder	Weaseling
15.00pm-16.15pm				Weaseling (Mark&Amber)	Climb	Abseil & Abseil
16.15pm-17.30pm				Abseil & Abseil	Weaseling	Climb
17.30pm-18.30pm	Evening Meal for Teams 1 -3			17.30pm/18.00pm Transport back to Gradbach		
18.30pm-19.30pm	Relax and play games			Evening Meal for Teams 4-6		
19.30pm-20.30pm	Evening Activities Including Towerball, Volleyball and wide Games					
20.30pm-21.30pm	Hot chocolate and Biscuits					
21.30pm -Morning	Quiet time and bed					

	Day 3-Activity	
8.30am -10.00am	Depart Gradbach-Arrive Tittesworth Reservoir @10am Kit up	
10.30am-11.45am-	2 x 8 Teams. Either Raft Building, Kayaking or Canoeing	
11.45am -13.00pm	2 x 8 Teams. Either Raft Building, Kayaking or Canoeing	
13.00pm-14.00pm	2nd Half of the School arrive and kit Up - CHANGEOVER	
14.00pm- 15.15pm	2 x 8 Teams. Either Raft Building, Kayaking or Canoeing	
15.15pm-16.30pm	2 x 8 Teams. Either Raft Building, Kayaking or Canoeing	
16.30pm-17.00pm	Get Changed	
17.00pm-18.00pm	Travel Back to Gradbach x 2 journeys	
18.00pm-18.55pm	Evening Meal for teams 1-3	Teams 4-6 set up camp
18.45pm -19.30pm	Teams 1-3 Set up camp	Evening Meal for Teams 4-6
19.00-20.30pm	Evening activities including Towerball, Volleyball and wide games	
20.30-21.30pm	Hot chocolate and Biscuits	
21.30pm	Quiet time and bed	

	Day 4-Activity					
7.30am -8.30am	Wake Up and Breakfast and Make Packed lunch					
8.30am-9.00am	Teams 1,2 &3 to transport to the Roaches					
9.00am -9.45am	Walk up to the roaches and Kit Up					
	Team 1	Team 2	Team 3	Team 4	Team 5	Team 6
9.45am-11.00am	Climb	Abseil & Abseil	Weaseling	ADVENTURE TREK From Gradbach to the Roaches (gwen & John)		
11.00am-12.15pm	Weaseling	Climb (Andy)	Abseiling & Abseil			
12.15am-13.30pm	Abseil & Abseil	Weaseling	Climb			
13.30pm-15.00pm	ADVENTURE TREK From Gradbach to the Roaches			Climb	Abseil & Abseil	Weaseling
15.00pm-16.15pm				Weaseling	Climb (Andy)	Abseil & Abseil
16.15pm-17.30pm				Abseil & Abseil	Weaseling	Climb
17.30pm-18.30pm	Evening Meal for Teams 1 -3			17.30pm/18.00pm Transport back to Gradbach		
18.30pm-19.30pm	Relax and play games			Evening Meal for Teams 4-6		
19.30pm-20.30pm	Evening Activities Including Towerball, Volleyball and wide Games					
20.30pm-21.30pm	Hot chocolate and Biscuits					
21.30pm -Morning	Quiet time and bed					

	Day 5- Activity	
7.30am -8.30am	Wake Up and Breakfast and Make Packed lunch	
8.30-9.30pm	De Camp and clear up and Load bags on the Trailer	
	TEAM 1,2 & 3	Team 4,5&6
9.30am-10.30am	Orienteering	Tasks
10.30am- 11.30pm	Tasks	Orienteering
OR		
10.00am-12 Noon	Big Mini Olympics for Everyone	
12.30pm-13.00pm	Final Good bye and walk up to meet the coach	
13.00pm	Depart For School	